Passport Health

ZAP! the FLU

What is Zap! the FLU?

ZAP! the Flu is a school-based flu vaccination program. It is a partnership between Passport Health, and your local school district and other community partners.

Providing flu vaccinations at school is one of the best ways to protect a community from the flu, reduce illness, and reduce absenteeism. Only students with a signed consent form will get a flu vaccine. Flu vaccines are not a requirement to attend school.

This program is provided at no cost to the student or family. The flu vaccine is billed directly to medical insurance. If the child participates in SoonerCare or is uninsured, the flu vaccine will be provided by the Vaccines for Children program funded by the State of Oklahoma. The flu vaccine is the same one that is given by your doctors offices and clinics.

How do schools prepare for ZAP! the FLU?

Participating schools will be sent ZAP! the FLU materials to help spread the word about your schools upcoming clinic. Teachers can find additional resources such as coloring pages and lesson plans at www.passporthealthusa.com/zaptheflu.

The consents will be available in English and Spanish, and will be provided by Passport Health at the event. Parents can also download the consent form at

www.passporthealthusa.com/zaptheflu.



How will Vaccine Days work?

- A team of nurses will set up in a space designated by the school such as an auditorium or library.
- Clinics will only be held during a school event where the parent/guardian is present.
- With a completed consent form and correct documentation, the student and/or family will be able to receive a flu vaccine.

All Students will receive the Flu injectable vaccine, or FluMist Nasal. The FluMist will be on a limited supply.

Students with certain medical conditions will need to receive the flu shot.





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FLU AND FLU VACCINE FACTS

- 1. Children are often the ones to spread the flu because they have exposure to large groups, don't protect their cough, and have a higher risk for infection.
- 2. Flu vaccines are the most effective way to prevent the flu
- 3. The Centers for Disease Control and the American Academy of Pediatrics recommend the flu vaccine every year for anyone older than 6 months.
- **4.** School-based flu vaccinations have been shown to reduce illness and absenteeism.
- **5.** The flu Vaccine protects against the strains anticipated for the this flu season.

- 8. In adults and children, the flu shot can create soreness, redness or swelling at the site of the shot. Overall body ache and mild fever may also occur.
- 9. The flu vaccine does not always prevent the flu. It can take two weeks after vaccination for the body to build full protection. Usually, those people who had the vaccine and get the flu have a milder case.
- 10. People can also protect themselves from the flu with healthy eating habits, careful hand washing, covering cough, and protecting others by staying home when sick.

